

“You shall also count for yourselves from the day after the sabbath, from the day when you brought in the sheaf of the wave offering; there shall be seven complete sabbaths.

You shall count fifty days to the day after the seventh sabbath; then you shall present a new grain offering to the LORD. You shall bring in from your dwelling places two loaves of bread for a wave offering, made of two-tenths of an ephah; they shall be of a fine flour, baked with leaven as first fruits to the LORD....”

-Leviticus 23:15-17

*Baruch atah Adonai,
Eloheinu Melech HaOlam,
Asher kiddishanu b'mitzvotav
v'tzivanu
Al s'firat ha-Omer.*

*Blessed are You,
ETERNAL our God,
Ruler of the Universe,
Who makes us holy
By commanding us regarding
the counting of the Omer.*

*Today is the ___ day of the
Omer, which is ___ weeks and
___ days of the Omer.*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 Fast of the First Born First Seder	23 Pesach Day 1 Second Seder At night count Omer 1	24 Pesach Day 2 At night, count Omer 2	25 Pesach Day 3 At night, count Omer 3	26 Pesach Day 4 At night, count Omer 4	27 Pesach Day 5 At night, count Omer 5
28 Pesach Day 6 At night, count Omer 6	29 Pesach Day 7 Festival Services At night, count Omer 7	30 Pesach Day 8 Yizkor At night, count Omer 8				

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			1	2	3	4
			At night, count Omer 9	At night, count Omer 10	At night, count Omer 11	At night, count Omer 12
5	6	7	8	9	10	11
At night, count Omer 13	Yom HaShoah At night, count Omer 14	At night, count Omer 15	Rosh Chodesh 1 lyyar At night, count Omer 16	Rosh Chodesh 2 lyyar At night, count Omer 17	At night, count Omer 18	At night, count Omer 19
12	13	14	15	16	17	18
Mother's Day At night, count Omer 20	Yom HaZikaron At night, count Omer 21	Yom Ha'Atzmaut At night, count Omer 22	At night, count Omer 23	At night, count Omer 24	At night, count Omer 25	At night, count Omer 26
19	20	21	22	23	24	25
At night, count Omer 27	At night, count Omer 28	At night, count Omer 29	Pesach Sheni At night, count Omer 30	At night, count Omer 31	At night, count Omer 32	At night, count Omer 33
26	27	28	29	30	31	
Lag B'Omer At night, count Omer 34	At night, count Omer 35	At night, count Omer 36	At night, count Omer 37	At night, count Omer 38	At night, count Omer 39	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 At night, count Omer 40
2 At night, count Omer 41	3 At night, count Omer 42	4 At night, count, Omer 43	5 Yom Yerushalayim At night, count Omer 44	6 At night, count Omer 45	7 Rosh Chodesh Sivan At night, count Omer 46	8 At night, count Omer 47
9 At night, count Omer 48	10 At night count Omer 49	11 Erev Shavuot	12 Shavuot Day 1	13 Shavuot Day 2 Yizkor	14	15
16 Father's Day	17	18	19 Juneteenth	20	21	22
23	24	25	26	27	28	29
30						